121 SUPER POWER CHARACTER TRAITS

INSPIRING AND EMPOWERING YOUTH TO ACHIEVE THEIR HIGHEST POTENTIAL

BOOK 31

ENJOYING YOUR WORK

Activities for Teachers, Parents, and Young People Developing Super Power Youth.

© DR. WYLMARIE SYKES, BS, MS, MA, AM, MS, PHD.
CEO OPERATION SAFE CHILD
OP-SAFECHILD.ORG

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ENJOYING YOUR WORK

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THE SECRET SUPER POWERS OF
ENJOYING YOUR WORK

Most people do not realize the secret super powers that come from enjoying their work. Most people think any kind of work is a chore to be avoided. But the truth is that work can be very enjoyable as well as bring great joy, satisfaction, and pride. Work can be enjoyable and challenging fun if a person changes their attitude and changes their work into games. If one turns their work into a game, then you can challenge yourself to do it faster or better than last time. So. one major super power that comes from enjoying their work is that the person enjoying their work becomes faster, better, stronger, better developed, smarter, more efficient, etc. than the person who views work as an unpleasant chore. Other super powers that come from enjoying your work are that your working increases your learning, knowledge, and wisdom. Another super power is that a person displaying a good attitude about working is more likely to be hired and then promoted. Thus, with a good attitude about working, during their lifetime, they will end up earning much more money. For many who continue in school, this amounts to millions of dollars.

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EXAMPLES OF REAL PEOPLE WHO HAVE THE CHARACTERISTIC OF

ENJOYING YOUR WORK

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Who do YOU want to be like?

.....

.....

.....

.....

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MEANINGS OF

ENJOYING YOUR WORK

- Liking to work
- Having fun while you work
- Getting satisfaction and pride from doing a good job at work
- Changing negative attitudes about work into positive attitudes
- Changing chores into challenge games,
- Changing chores into racing challenges
- Competing for best with other workers
- Using social media with friends about how to complete assignments
- Trying to beat the clock in completing work
- Playing with a team to do the work
- Enjoying what you have to do
- Appreciating the value and knowing the benefits of what you have to do

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SYNONYMS

WORDS THAT MEAN THE SAME OR NEARLY THE SAME AS

ENJOYING YOUR WORK

LIKING
LOVING
APPRECIATING
ADORING
REVELING IN
DELIGHTING IN
BENEFITING FROM
BLESSED WITH
TAKING PLEASURE IN
GETTING PLEASURE FROM
CHOOSING TO DO
DESIRING
PREFERRING
WISHING FOR
WILLING TO DO
INCLINING TO DO
AMUSED BY
HAVING FUN
VIEWING AS RECREATION
RELAXING
ENJOYING
BRINGING JOY
JOYFUL
DELIGHTFUL
SATISFYING
BRINGING PRIDE

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ANTONYMS

WORDS THAT MEAN THE OPPOSITE OR NEARLY THE OPPOSITE OF

ENJOYING YOUR WORK

ANTONYMS
DISLIKING
HATING
LACKING
DETESTING
LOATHING
DISAPPROVING
FROWNING ON
OBJECTIONABLE
WANTING TO AVOID
RUNNING AWAY FROM
AVOIDING
DISPLEASING
UNPLEASANT CHORE
HIDING FROM

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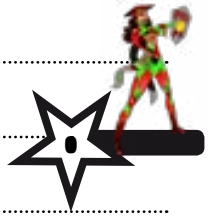
USING THE SYNONYMS, WRITE A POEM ABOUT ENJOYING YOUR WORK

USE YOUR POEM TO MAKE UP A SONG ABOUT ENJOYING YOUR WORK

MAKE UP A DANCE TO GO WITH YOUR SONG. DESCRIBE THE DANCE.



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SHARE YOUR WORK

With your parents' permission, share your work with your family, your class, to op-safechild.org or perhaps on the Internet on YouTube.

- Upload your poem.
- Upload your story.
- Upload your dance video.
- Upload your drawing and coloring.

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STINKING THINKING AND BETTER THINKING

STINKING THINKING

Stinking thinking about enjoying work starts with a negative attitude and the misconception that work is too hard, too boring, and that work should be avoided. Stinking thinkers hide from work and make excuses about why they should not have to do work. They think they are getting away with something when they avoid work. But, they do not see the benefits and super powers of enjoying work. Plus, when they do have to work, stinking thinkers keep themselves in misery while they are working.

BETTER THINKING

Better thinking about enjoying work means that a person understands the many benefits that come with enjoying doing good work. Plus, they can enjoy themselves, have fun, and be happy while they are working. Also, they get all the many benefits while they are doing the work. Better thinkers get stronger, smarter, healthier, wealthier, and many other benefits such as satisfaction, more pride, and higher self-esteem.

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DEVELOPING WAYS OF ENJOYING YOUR WORK

The basic idea is to change negative attitudes about work into positive attitudes. Think about the many benefits that come with a positive attitude about work. Think about the pride and increased pride and self-esteem that comes with doing a good job of work.

Then:

- Change chores into challenge games
  - Change chores into racing challenges
  - Compete for the best with other workers
- Try to race to beat the clock in completing the work
  - Try to wash the dishes or load the dish washer before the microwave buzzes.
  - Try to complete your homework within a half hour
- Make social games of the work.
  - Call other students and compare homework
  - See the fun of talking with your friends about the work and how to get it done
  - Play with a team to get the job done
- Enjoy what you have to do
  - See the fun in the bubbles of the dish water
  - See the fun of the challenge to get a perfect score
  - See the fun of the challenge to get every piece of dirt out of every corner of the room.

See the many benefits to others if you do a good job of your work. For instance, if you do a good job of cleaning something then you create a healthier environment for yourself and for your family.

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Name five ways that SUPER POWER ENJOYING YOUR WORK helps you to have a better life?

1. .....
2. .....
3. .....
4. .....
5. .....

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Write your own definition of the words ENJOY THEIR WORK.

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Write your own Honor Code regarding ENJOYING YOUR WORK.

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List five consequences for persons who ENJOY THEIR WORK.

1. .....
2. .....
3. .....
4. .....
5. .....

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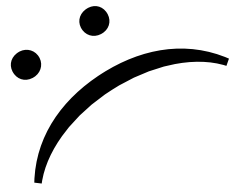
List five consequences for persons who DO NOT ENJOY THEIR WORK

1. .....
2. .....
3. .....
4. .....
5. .....



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COLOR

ENJOY YOUR WORK

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WRITE YOUR STORY THAT TELLS ABOUT A PERSON ENJOYING THEIR WORK

1) **TITLE** .....

2) **INTRODUCTION** .....

.....

a) **Situation** .....

.....

b) **Characters** .....

.....

i) For Enjoying Your Work .....

.....

ii) Against Enjoying Your Work .....

.....

c) **Definition of Terms** .....

.....

i) Enjoying Your Work .....

.....

ii) Not Enjoying Your Work .....

.....

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3) BODY OF THE STORY .....

.....

a) **Actions of the** person who enjoys their work .....

.....

b) **Actions of the person who does not enjoy their work** .....

.....

c) **Consequences for the** person who enjoys their work .....

.....

d) **Consequences for the person who does not enjoy their work** .....

.....

4) CONCLUSION OF THE STORY .....

.....

a) **Moral consequences** .....

.....

b) **Lessons learned** .....

.....

c) **Concluding thoughts** .....

.....

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NOW USE YOUR IDEAS TO WRITE A STORY ABOUT ENJOYING YOUR WORK

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ENJOYING YOUR WORK

WORD SEARCH PUZZLE

DIRECTIONS: FIND THE WORDS AND CIRCLE THEM

ADORING
AMUSED BY
APPRECIATING
AVOIDING
BENEFITING FROM
BRINGING JOY
BRINGING PRIDE
CHOOSING TO DO
DELIGHTFUL
DELIGHTING IN
DESIRING
DETESTING
DISAPPROVING
DISLIKING
DISPLEASING
ENJOYING
ENJOYING WORK
FROWNING ON
GETTING PLEASURE FROM
HATING
HAVING FUN
HIDING FROM
INCLINED TO DO
JOYFUL
LACKING
LIKING TO WORK
LOATHING
LOVING WORK
OBJECTIONABLE
PREFERRING
RELAXING
REVELING IN
RUNNING AWAY FROM
SATISFYING
TAKING PLEASURE FROM
UNPLEASANT SCHORE
VIEWING AS RECREATION
WANTING TO AVOID
WILLING TO DO
WISHING FOR

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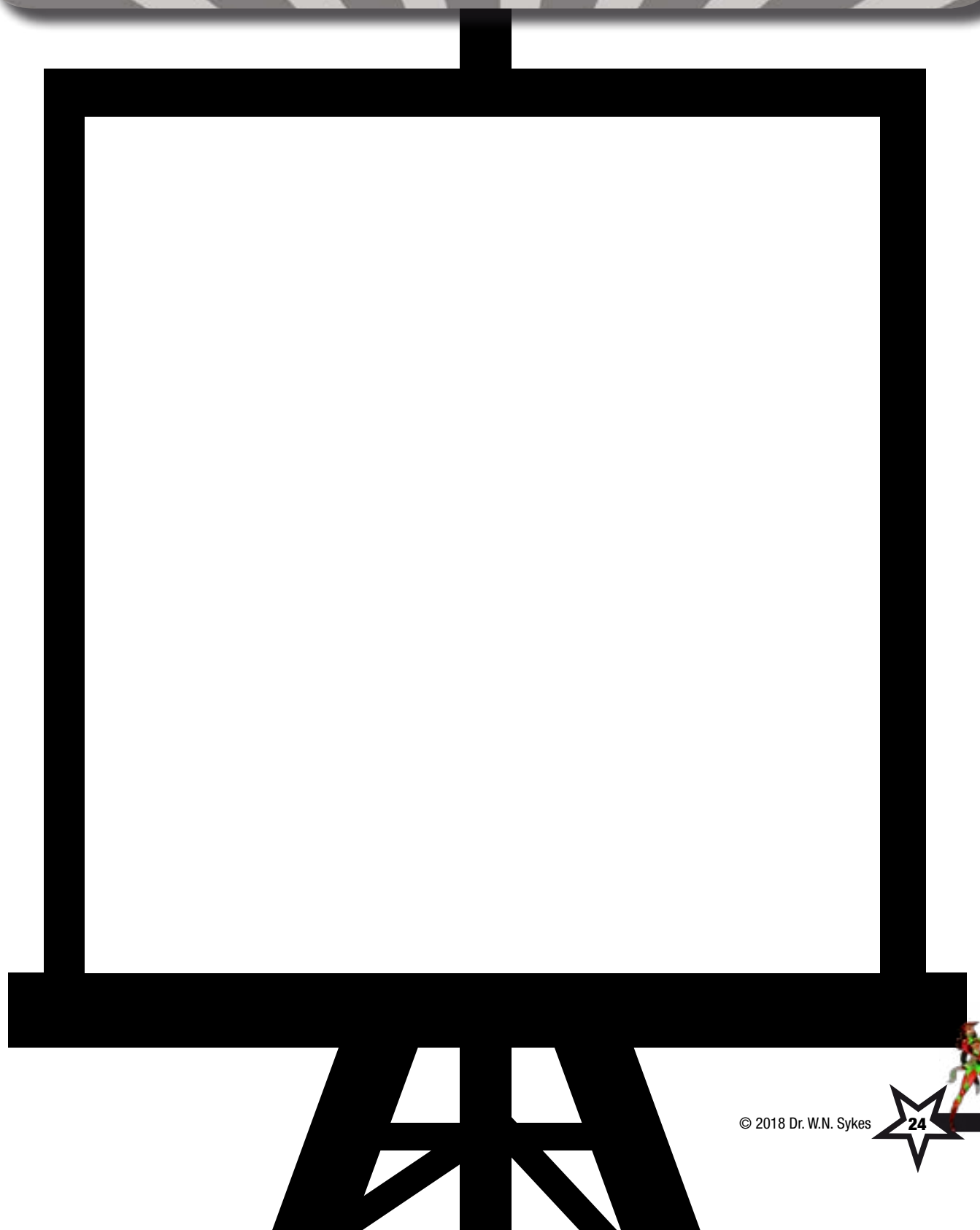
YOUR PERSONAL DRAWING SHOWING A PERSON ENJOYING THEIR WORK



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LIST FIVE REWARDS FOR

ENJOYING YOUR WORK

1. .....
2. .....
3. .....
4. .....
5. .....

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NAME FIVE JOB OPPORTUNITIES FOR A PERSON WITH SUPER POWER ENJOYING YOUR WORK

1. .....
2. .....
3. .....
4. .....
5. .....

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RESEARCH THE TOPIC
ENJOYING YOUR WORK
LIST FIVE NEW THINGS THAT YOU LEARNED FROM YOUR RESEARCH.

1. .....
2. .....
3. .....
4. .....
5. .....

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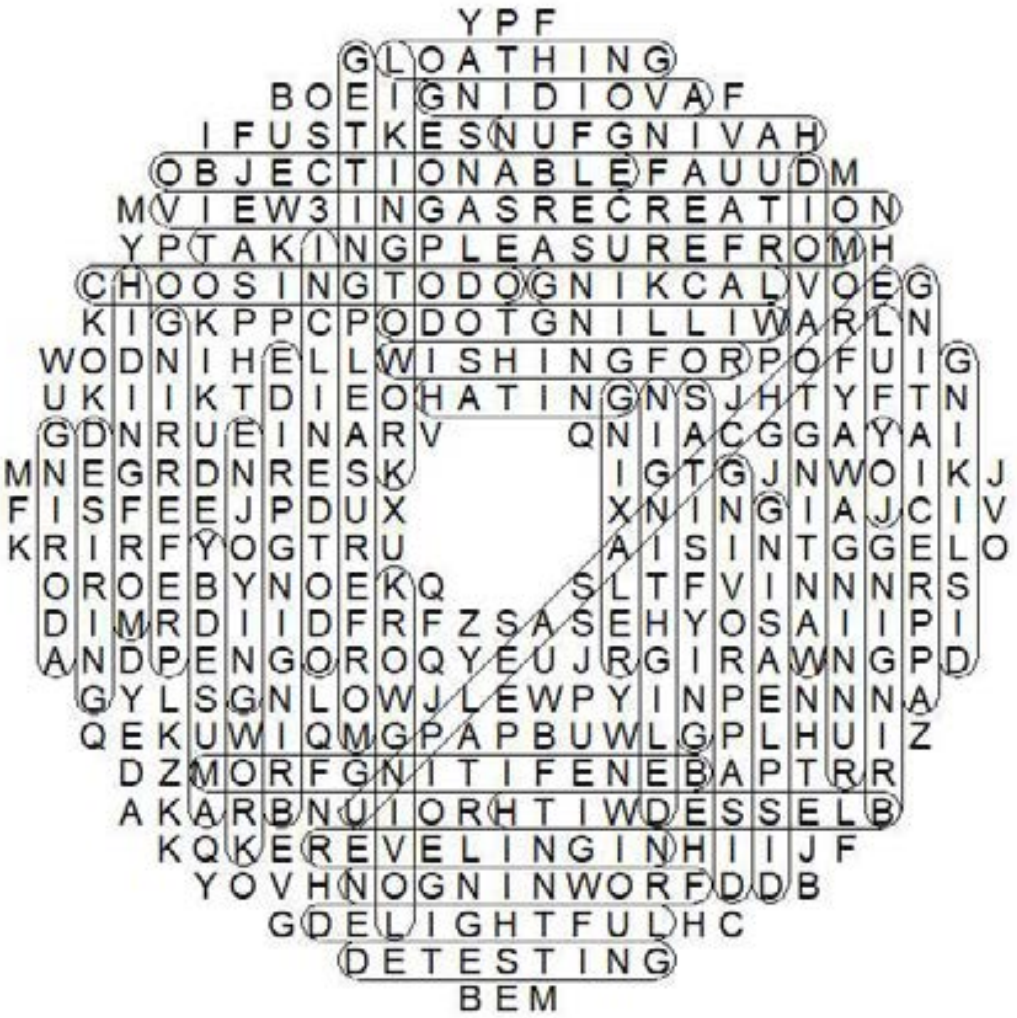
ANSWER KEY

ENJOYING YOUR WORK WORD SEARCH PUZZLE



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121 SUPER POWER CHARACTER TRAITS

INSPIRING AND EMPOWERING YOUTH TO ACHIEVE THEIR HIGHEST POTENTIAL

CATALOG OF FUTURE CHARACTER BOOKLETS

1. Honesty
2. Integrity
3. Courage
4. Wisdom
5. Strength
6. Obeying the Law
7. Care and Consideration
8. Patriotism and Loyalty
9. Obedience and Respect to Parents and Teachers
10. Thankfulness
11. Reading and Learning
12. Counting and Computing
13. Creating and Developing
14. Forgiveness
15. Self Control
16. Resilience
17. Planning to Achieve Goals
18. Leadership
19. Creating Genius
20. Accumulating Wealth
21. Seeing Gaps Between What Is and What Should Be
22. Foreseeing Problems and Planning Solutions
23. Visualizing
24. Memorizing
25. Critical Thinking
26. Participating in School Activities
27. Participating in Church Activities
28. Cleaning and Organizing
29. Beautifying
30. Valuing Yourself
31. Enjoying Your Work
32. Striving for Educational Excellence
33. Overcoming Racism
34. Enhancing African American Culture
35. Improving Until the "Dream" Comes True
36. Celebrating African American History and Culture
37. Enhancing the Children
38. Determination
39. Perseverance
40. Worshiping God

MORE TO COME

This FREE booklet may be downloaded from the following web sites:
http://op-safechild.org/resource-materials/character

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CEO Operation Safe Child
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Booklet Design by: Stuart Design LLC, stuart-design.com

Mailing address:
P.O. Box 816, Maywood Illinois 60153

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